

# TRUST CONNECT

### Stay in tune with your health & wellness

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| - OTC Benefit Info | - Scams   | - COVID-19 |
| & Reminders        | Reminders | Coverage   |

### **Here Comes the Sun**

The Trust strives to ensure you have comprehensive health care benefits that support you. This summer, remember to keep your health top of mind – don't forget to protect your skin and keep cool. Also, if you're on the road, remember you have access to telemedicine through your health plan. Simply, call the number on the back of your medical ID card for more information.

Sun protection



In this issue, you will find helpful information on the Trust's over-thecounter benefit, COVID-19 coverage, and reminders on scams and breaches.

As always, visit **uawtrust.org** for more information on your Trust benefits.

### About the OTC Benefit

In 2022, the Trust added an over-thecounter (OTC) benefit giving eligible members an annual allowance to order approved non-prescription medications and health-related items such as bandages, aspirin, cold and sinus medicine, and vitamins and minerals.

Currently, the benefit is administered by NationsBenefits.

The dollar value of the allowance depends on which health plan you're enrolled in.

Order items online by visiting: uawtrust.org/ otcbenefit

or call: **877-218-9951** 

UAW RETIREE Medical Benefits Trust

## **NationsBenefits OTC Program**

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|---|---|---|--|
|   | UAW RETIREE<br>Medical Benefits Trust   |   |  |
| May 22, 2023  |   |   |  |
| Dear Trust Member,  |   |   |  |
| comprehensive benefits,<br>medical supplies) through<br>have recently received a<br>occurred with Fortra, LLC   | Benefits Trust (the "Trust") strives to provide its members with<br>which include offering an over the-counter (OTC) benefit (health and<br>a contrasted third spariny worlds, Nationalisemetis (Nations). Your any<br>etter from Nations informing you of a cybersecurity incident that<br>"The Trust is contacting you to confirm the legitimuscy of that letter<br>regarding how to sign up for free credit monitoring."   |   |  |
| January 1, 2022, and Apri   | vice is offlered to anyone eligible for the Trust's OTC benefit between<br>(4, 2023. The Trust is also providing this service to the estate of<br>as any dependents who may no longer be eligible for Trust coverage<br>cybersecurity incident.   |   |  |
| IdentityWorks before Au<br>received from Nations in   | the compellmentary 24-months credit monitoring through Esperima<br>appent 23, 2023. A subject activation code was included in the latter you<br>early May. If you still have the original code, it will continue to work.<br>it, you can activate your membership and start monitoring your<br>ottowing the steps below.  |   |  |
| To activate your membership online:<br>• Vati the loperin descriptions website at experianidworks.com/credit<br>Catic Viet Saturation of the activation code SPDBR625CW<br>• Cata your account using the activation code SPDBR625CW<br>We prefer to active your membership by hence, all Topprint's catationsr care |   |   |  |
| team at 800-984-8   | 168 and provide reference code B092082, Monday through Friday,<br>Saturday through Sunday, 11 a.m. – 8 p.m., ET.  |   |  |
| A credit card is not requir   | ed for enrollment in Experian IdentityWorks.  |   |  |
|   |   |   |  |
|   | Cations benefits  | April 13, 2023  |  |
|   |   |   |  |
|   | Dur braght A. Sampl<br>B. Standbacht B. Häller, R. L. et als in allfilms and scheduler (scheduler), "SchedulerBacht" is the first<br>scheduler B. Scheduler B. Sched |   |  |
|   | What Van Can Del We conservanty you to main vigibal rapinto incident of the<br>review you exceedure internetin, and an university you far can obtain for supplica-<br>entry. Eacload with this lefter are some steps you can take to poincel your information.  | ntity theft and fraud, to<br>a activity and to detect |  |

### **Cybersecurity Incident**

Recently, you may have received a letter from NationsBenefits, the administrator of the Trust's overthe-counter (OTC) benefit, and a seperate letter from the Trust confirming a cybersecurity incident that occurred with Fortra, LLC – a third-party vendor Nations used to exchange files. The cybersecurity incident led to malicious actor(s) accessing personal data.

A 24-month credit monitoring service is offered through Experian Identity to members eligible for the OTC benefit between January 1, 2022 – April 4, 2023.

#### Activate your membership by August 31, 2023:

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- Visit the Experian IdentityWorks website at experianidworks.com/credit
- Click "Get Started"
- Create your account using the activation code: **9PD8R6QSQW**

Or you can call Experian at 800-984-8168 and provide reference code **B092082**, Monday through Friday, 9 a.m. – 11 p.m. and Saturday through Sunday, 11 a.m. – 8 p.m., ET.

Additional information can be accessed at **nationsbenefits.com/incidentsupport**.

### **Scams & Breaches**

Scams and cybersecurity breaches are ever-increasing, making it that much more important to stay vigilant in the information you're providing others, and aware of actions you take online.



#### **Recent Scams: Medicare COVID Tests**

Recently, there has been an increase in reports from Medicare beneficiaries receiving COVID-19 tests they did not request, which could indicate someone may be using their Medicare information fraudulently. Visit **oig.hhs.gov/fraud/consumer-alerts/** to stay on top of consumer alerts like this.

Here are a few other tips to keep in mind:

- The Social Security Administration (SSA) and the Centers for Medicare & Medicaid Services (CMS) will never contact you by phone or email, and will never ask you for personal information.
- While a breach is out of your control, be sure to read your mail carefully. When you are notified of a breach be sure to sign up if credit monitoring is offered.
- Do not open emails, attachments, or click on links in emails you do not recognize.
- Don't provide personal information or make payments online to people or organizations you're not familiar with online.

If you experience an online scam, report it to the FBI's Internet Crime Complaint Center at **https://www.ic3.gov/Home/FileComplaint** You can also contact the U.S. Department of Justice's National Elder Fraud Hotline at 833-372-8311.



### Prescription Drug Prior Authorizations

Some prescription drugs require a review by the plan to determine if it qualifies for coverage — this is called a prior authorization or preapproval.

#### Watch the Mail

If a medication you are taking requires a prior authorization, you will receive a letter informing you of the steps you need to take. This authorization will be for the 2024 benefit year.

# **Continued COVID-19 Coverage**

In May, the federal COVID-19 Public Health Emergency (PHE) ended, which eliminated several pandemic flexibilities. To ensure you still have access to COVID-19 related coverage, the Trust worked with carrier partners to immediately extend several benefits to support you:

**Vaccinations (including boosters):** 100% coverage in-network through medical and prescription drug plans.

 Most medical plans (except HMO plans) cover diagnostic lab testing at 100% in-network.





#### Have Ideas?

Are there other topics you'd like covered in this newsletter? We'd love to hear from you, email us at uawtrust@rhac.com with your ideas. **Testing:** Over-the-counter COVID-19 tests are available through Optum Rx for all plans (excluding the Kaiser HMO plans).

- Two (2) tests per member, every 30 days at no cost. This can be two (2) individual tests or one (1) box including two (2) tests.
- Tests must be purchased at an Optum in-network retail pharmacy location.
- You must use the pharmacy counter and not the checkout cashier. Depending on which plan you are enrolled in, use either your Medicare Advantage Prescription Drug (MA-PD) ID card, or your Optum Rx ID card.
- You will not be reimbursed if you purchased a test directly from a retail or online store.

### uawtrust.org