

TRUST CONNECT

Stay in tune with your health & wellness

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Here Comes the Sun

The Trust strives to ensure you have comprehensive health care benefits that support you. This summer, remember to keep your health top of mind – don't forget to protect your skin and keep cool. Also, if you're on the road, remember you have access to telemedicine through your health plan. Simply, call the number on the back of your medical ID card for more information.

Sun protection



safe time



water



sunglasses



umbrella



hat



sunscreen

In this issue, you will find helpful information on the Trust's over-the-counter benefit, COVID-19 coverage, and reminders on scams and breaches.

As always, visit uawtrust.org for more information on your Trust benefits.

About the OTC Benefit

In 2022, the Trust added an over-the-counter (OTC) benefit giving eligible members an annual allowance to order approved non-prescription medications and health-related items—such as bandages, aspirin, cold and sinus medicine, and vitamins and minerals.

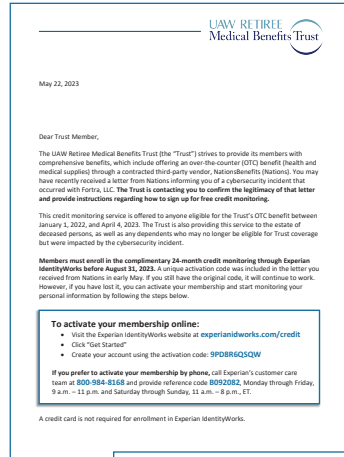
Currently, the benefit is administered by NationsBenefits.

The dollar value of the allowance depends on which health plan you're enrolled in.

Order items online by visiting:
uawtrust.org/otcbenefit

or call:
877-218-9951

NationsBenefits OTC Program



Cybersecurity Incident

Recently, you may have received a letter from NationsBenefits, the administrator of the Trust's over-the-counter (OTC) benefit, and a separate letter from the Trust confirming a cybersecurity incident that occurred with Fortra, LLC – a third-party vendor Nations used to exchange files. The cybersecurity incident led to malicious actor(s) accessing personal data.

A 24-month credit monitoring service is offered through Experian Identity to members eligible for the OTC benefit between January 1, 2022 – April 4, 2023.

Activate your membership by August 31, 2023:

- Visit the Experian IdentityWorks website at experianidworks.com/credit
- Click "Get Started"
- Create your account using the activation code: **9PD8R6QSQW**

Or you can call Experian at 800-984-8168 and provide reference code **B092082**, Monday through Friday, 9 a.m. – 11 p.m. and Saturday through Sunday, 11 a.m. – 8 p.m., ET.

Additional information can be accessed at nationsbenefits.com/incidentsupport.

Scams & Breaches

Scams and cybersecurity breaches are ever-increasing, making it that much more important to stay vigilant in the information you're providing others, and aware of actions you take online.



Recent Scams: Medicare COVID Tests

Recently, there has been an increase in reports from Medicare beneficiaries receiving COVID-19 tests they did not request, which could indicate someone may be using their Medicare information fraudulently. Visit oig.hhs.gov/fraud/consumer-alerts/ to stay on top of consumer alerts like this.

Here are a few other tips to keep in mind:

- The Social Security Administration (SSA) and the Centers for Medicare & Medicaid Services (CMS) will never contact you by phone or email, and will never ask you for personal information.
- While a breach is out of your control, be sure to read your mail carefully. When you are notified of a breach be sure to sign up if credit monitoring is offered.
- Do not open emails, attachments, or click on links in emails you do not recognize.
- Don't provide personal information or make payments online to people or organizations you're not familiar with online.

If you experience an online scam, report it to the FBI's Internet Crime Complaint Center at <https://www.ic3.gov/Home/FileComplaint>

You can also contact the U.S. Department of Justice's National Elder Fraud Hotline at 833-372-8311.



Prescription Drug Prior Authorizations

Some prescription drugs require a review by the plan to determine if it qualifies for coverage — this is called a prior authorization or preapproval.

Watch the Mail

If a medication you are taking requires a prior authorization, you will receive a letter informing you of the steps you need to take. This authorization will be for the 2024 benefit year.

Continued COVID-19 Coverage

In May, the federal COVID-19 Public Health Emergency (PHE) ended, which eliminated several pandemic flexibilities. To ensure you still have access to COVID-19 related coverage, the Trust worked with carrier partners to immediately extend several benefits to support you:

Vaccinations (including boosters): 100% coverage in-network through medical and prescription drug plans.

- Most medical plans (except HMO plans) cover diagnostic lab testing at 100% in-network.



Have Ideas?

Are there other topics you'd like covered in this newsletter?

We'd love to hear from you, email us at uawtrust@rhac.com with your ideas.

Testing: Over-the-counter COVID-19 tests are available through Optum Rx for all plans (excluding the Kaiser HMO plans).

- Two (2) tests per member, every 30 days at no cost. This can be two (2) individual tests or one (1) box including two (2) tests.
- Tests must be purchased at an Optum in-network retail pharmacy location.
- You must use the pharmacy counter and not the checkout cashier. Depending on which plan you are enrolled in, use either your Medicare Advantage Prescription Drug (MA-PD) ID card, or your Optum Rx ID card.
- You will not be reimbursed if you purchased a test directly from a retail or online store.