

February 2019

Dear UAW Trust Member,

The UAW Retiree Medical Benefits Trust (the “Trust”) is pleased to offer a wide range of health care benefits for our members. The Trust continues searching for opportunities to provide support programs for members who have additional needs. We are excited to announce **two support programs available to members enrolled in the Blue Cross Blue Shield Enhanced Care PPO (ECP) plan, effective May 1, 2019.**

The new programs – 2nd.MD and Welvie – are designed to assist members facing serious illness, medical conditions or potential surgery. Both programs are provided at no additional cost to ECP plan members, participation is voluntary, and referrals are not required. Members who wish to access these programs will be able to do so directly.

#### **2nd.MD – Second Opinions Made Easy**

Second opinions can save lives and 2nd.MD is a resource connecting members with the nation’s leading medical specialists for advice and second opinions. 2nd.MD provides consultations, through video chat or a phone call, with leading medical specialists representing a range of 120 subspecialties from top healthcare institutions such as Johns Hopkins, Mayo Clinic, Massachusetts General Hospital, UCLA Medical Center and University of San Francisco Medical Center, among others. Participating doctors provide answers quickly, in some cases within days, to questions about complex or uncertain diagnoses, optimal treatment plans, and alternatives.

#### **Welvie – Before Surgery**

Welvie offers members an interactive educational guide on all the steps for deciding on, preparing for and recovering from elective surgeries, including surgeries for the back, knee, hip, and eyes. Welvie provides the knowledge members need to work with their physician(s) in making smart decisions that lead to better outcomes.

Welvie’s program is a six-step curriculum helping patients as they work with their doctor(s) exploring all treatment options – both surgical and non-surgical – when considering surgery. Welvie helps members, if necessary, prepare for surgery so they have the best results.

All members who use the Welvie program will be eligible for a gift card after completing the first three steps of the program. Welvie information is beneficial to anyone as it improves health literacy. It is available online through a website or in a paper version for members without internet access.

**Additional Information Coming in the Mail**

No action is required from you. You will receive more information on these programs from Blue Cross Blue Shield in April. The information will contain details on how to access these programs through the phone and online. While you may not be in need of these programs at this time, they will be available starting **May 1, 2019**, should you have a future need.

Remember, there is no cost to you and the programs are designed to help you better address health challenges and improve your health. Participation in the programs is voluntary; however, the Trust strongly encourages participation should you be faced with an uncertain diagnosis or potential surgery.

Please watch your mail for additional information from Blue Cross Blue Shield of Michigan, 2nd.MD and Welvie about these programs. If you have questions about your health care options or to update your contact information with the Trust, call Retiree Health Care Connect (RHCC) at 866-637-7555, Monday – Friday, 8:30 a.m. – 4:30 p.m. EST.

We look forward to helping you meet your health care needs.

Sincerely,

UAW Retiree Medical Benefits Trust