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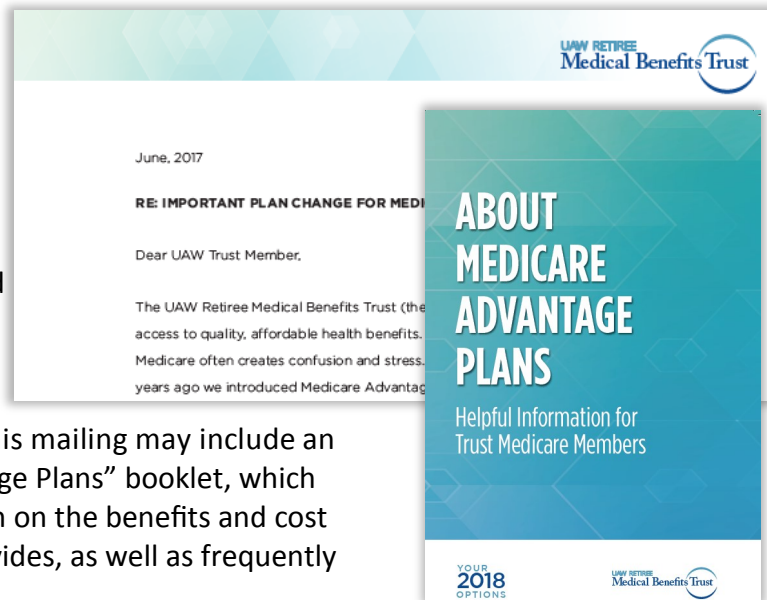
## 2018: New Primary Plan for Medicare Members

Several years ago, the Trust introduced Medicare Advantage (MA) PPO plans to members. Because of the high satisfaction rate among enrolled members, the Trust is expanding the availability of MA PPO plans nationwide and making it the primary plan for Medicare members in 2018. This means, **effective January 1, 2018, most Medicare-eligible Trust members will be automatically enrolled in a Trust-sponsored MA PPO plan, unless they contact Retiree Health Care Connect (RHCC) at 866-637-7555 between August 1 and November 30, 2017 to choose another plan option.**

### Member Communications:

In the coming weeks, members will receive information on this change in the mail.

- ⇒ **Letter:** Beginning the week of June 12, impacted members will receive letters of notification from the Trust.
- ⇒ **Supplemental Booklet:** This mailing may include an “About Medicare Advantage Plans” booklet, which contains more information on the benefits and cost savings this plan type provides, as well as frequently asked questions.



Additionally, members will receive an informational packet in the mail from the MA carrier—either Aetna or Blue Cross Blue Shield, depending on the state the member lives in. This packet will contain educational material on the plan, details on how the transition will work, and an invitation to attend a regional face-to-face meeting (where available) to learn more and ask questions.

**UBR Communications:** UBRs in all states with the exception of Michigan (where Aetna is not an offering) will receive a UBR toolkit from Aetna, which will contain contact information and UBR hotline numbers, meeting schedules, posters for meeting locations, and other useful information.

**Note:** *Not all Medicare-eligible members will be automatically enrolled in a MA PPO plan. For example, Protected members will not be automatically enrolled, but will have the option to elect the plan.*

# Blue Cross Blue Shield (BCBS) Updates

## New Text Messaging Option Available



BCBS members can now stay on top of their health care by opting to receive text alerts on their smartphones or tablets from BCBS.

Once subscribed, members will receive short messages (of up to 160 characters) about BCBS products and services. These messages are tailored specifically to individuals and their personal health.

Members can sign up through the member portal, or by contacting the number on the back of their card for instructions.

*Note: Standard text message rates apply.*

## Changes to Non-Medicare Explanation of Benefits

EXPLANATION OF BENEFIT PAYMENTS  
THIS IS NOT A BILL



Effective May, 1, 2017, BCBS no longer mails paper Explanation of Benefits (EOB) statements to members with a zero balance for services. If a service with a zero balance is on the same EOB statement as other services that have a balance, they will still get the paper EOB (unless they signed up for paperless EOBs). There are no changes to the mailing of EOBs to members enrolled in the MA PPO plan.

Members can access past EOBs online at [www.bcbsm.com](http://www.bcbsm.com), on the mobile app, or by calling BCBS customer service.

## Health Spotlight: Annual Primary Care Physician Visit



This summer, health reminders to members will focus on the importance of an annual primary care physician (PCP) visit. **Just as mechanics tell us not to drive 100,000 miles without a tune-up, like a car, our bodies need routine maintenance, including an annual checkup.** We are encouraging members to take action by calling their PCP's office, scheduling an appointment, and visiting with their doctor. If they don't have a PCP, members can simply call the number on the back of their medical ID card for assistance in finding one.

Information on this topic will be discussed at retiree meetings, accompanied by an informational brochure on the topic. There will be information on this included on member EOBs received during the summer, and

some members will receive a reminder in the mail, which will include a tear off card members can use to keep track of their health statistics.

### KNOW YOUR NUMBERS Record Keeper

Visit	Appt. Date	Weight	Blood Pressure	Cholesterol	Blood Sugar (or A1c Test)
1			/		
2			/		
3			/		
4			/		
5			/		
6			/		

## Reminder Coming June 26: A Refreshed UAWTRUST.ORG

The redesigned [UAWTRUST.ORG](http://UAWTRUST.ORG) is launching June 26! The new website (at the same website address with a different look) will provide the information and resources you and Trust members need in an easy-to-access format. The website works on all devices, so members can access up-to-date information from a home computer, tablet, or smartphone.